



2019 Winter/Spring PRESCHOOL PROGRAMS

AT NORTH DALE, NWCOMO, LANGFORD PARK RECREATION CENTERS

To REGISTER: Online at www.stpaul.gov/parks or call the Recreation Center

LANGFORD Park: 30 Langford Park, 55108

651-298-5765

www.stpaul.gov/langfordrec

Tot Time (No Registration)

Fee: Free / Fridays, January 4 – March 29 / 9:30-11:00am / Ages 0-5

Langford's gym will be open for toddlers and their families to run around. Miscellaneous toys will be provided, such as tumbling mats, balls, rockers, trucks & more. Children must be supervised by an adult.

Ice skating Lessons #25220

Instructor: David Krueger

Fee: \$35 / Saturday, January 5 – February 2 / 2:30-3pm / Ages 3-5

Learn the fundamentals of skating including forward and backwards skating, stopping and falling safely. Helmets required for this age group. Parents please arrive at Langford before class begins to allow time for putting on skates. It's helpful if parents want to wear their boots and hold on to their little skaters. Participants must have their own skates. No class Jan 26.

Sing Along Art #25292

Instructor: Kidcreate Studio

Fee: \$50 / Saturday, January 12 – February 9 / 10-11am / Ages 1 ½- 3

Come and sing along with us as we create art inspired by your child's favorite songs such as: "I'm a Little Tea Pot," "Itsy Bitsy Spider" and more. We'll use glow-in-the-dark paint to make our little stars twinkle, get those "Wheels on the Bus" rolling with paint, and make bright, sunny art as we sing "You Are My Sunshine." Combine your child's love of art and music in this fun-filled class! Come and create right along with your child. Children must be accompanied by a caregiver.

Parents Night Out #25091

Friday March 8 / 6-9p / Ages 4-12 / \$10

Parents can drop off their kids at Langford Park for some free time. Use your time to spend the night out, run errands, or just relax Staff will provide pizza, outdoor/indoor activities, gym games, a craft and a movie.

LEGO Jedi Engineering

#25155

Instructor: Play Well TEKologies

Fee: \$115 / Monday – Friday, April 1-5 / 1-4pm / Ages 5-7

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Tumbling #24965 Instructor: Jill Bachman

Fee: \$30 / Wednesday, April 10 – May 15 / 5-5:45pm / Ages 3-5

The class focuses on introducing new motor skills and movements like jumps, leaps, rolls, handstands, cartwheels and other tumbling skills through lots of fun and games.

Beach Party Art #25291 Instructor: Kidcreate Studio

Fee: \$25 / Friday, April 19 / 1:30-3:30pm / Ages 4-9

Grab your sunglasses and your flip flops too! Come to class for a beach themed art party! We're going to the beach - sort of! Your young artist will create a bunch of art projects with an ocean theme.

NORTHWEST COMO: 1550 N. Hamline Ave, 55108 651-298-5813

www.stpaul.gov/nwcomorec

Family Open Gym (No Registration)

Fee: Free / Saturday, January 5 – March 30 / 1-3pm / Ages 6mo and up

Open Gym is for parents and their kids to play together. Youth must be accompanied by an adult. No pre-registration required.

Ice skating Lessons #25218 Instructor: David Krueger

Fee: \$35 / Saturday, January 5 – 26 / 1-1:30pm / Ages 3-5

Learn the fundamentals of skating including forward and backwards skating, stopping and falling safely. Helmets required for this age group. Parents please arrive at Northwest Como before class begins to allow time for putting on skates. It's helpful if parents to wear their boots and hold on to their little skaters. Participants must have their own skates.

Taekwondo Jr Instructor: Master Minefee

Fee: \$50/Monthly / Tuesday & Thursday / Time: 5:30 – 6:00pm / Ages: 4 - 5

January 3-31; Activity #25192

February 5-28; Activity #25193

March 5-28; Activity #25194

April 2-30; Activity #25195

May 2-30; Activity #25196

Traditional Taekwondo! More 1-on-1 training and smaller class sizes. Class size limited to 10 students at a time.

Payment must be made by first day of class before participant can begin.

Ballet/Creative Movement #25287 Instructor: Rachel Handren

Fee: \$95 / Wednesday, January 16 – May 1 / 3:15-4pm / Ages 3-5

In Creative Movement, your child will explore basic movement and dance concepts while also building strength and coordination. They will also be learning two routines in two different styles, Ballet & Jazz, to perform in a spring recital at the end of session. This class includes a costume. No class March 6 & April 3. Wear your ballet shoes to class.

Artist Workshop Winter #25235 Instructor: Barb McIntosh

Fee: \$60 / Wednesday, January 16 – February 20 / 3:15-5:15pm / Ages 5-7

Artist Workshop is designed for students with a strong interest in art. We will explore different mediums such as soft pastel, water color, tempera and more. We will also look at the works of famous and not so famous artists. Barb will pick up the Kindergartners and 1st graders and take them to the rec center for snack. All other students will meet at North West Como Rec Center and everyone will be picked up from the center when class has ended. Chelsea Heights students must bring a note for their teacher to stay after school. All students in this class will be in an art show at the Underground Music Café in March. Each student will get an ice-cream cone and time to show off their talent as an artist. Bring an 11X14 frame the first day.

Parents Night out #25219 Instructor: Staff Lead

Fee: \$10 / Friday, February 19 & Saturday, April 27 / Time: 6:00 – 9:00pm / Ages: 4-12

Parents can drop their kids ages 4-12 off at NW Como for some free time. Use your time to spend the night out, run errands, or just relax. Staff will provide pizza, outdoor/indoor activities, gym games, a craft and a movie.

Ooey Goey Clay Creation #25293 Instructor: Kidcreate Studio

Fee: \$65 / Friday, March 1 / 10am – 3pm / Ages 5-12

Let your child dig their hands into some ooey, gooey clay and experience the art of play! Sparkly ice cream cones, proud ponies, colorful dragons and silly self-portraits are just a few of the incredible creations your child will construct as they learn basic terms and techniques of working with clay. We'll use air-dry clay, Model Magic® and paint during this fun-filled (and messy camp.

NORTH DALE: 1414 N. Saint Albans Street, 55117 651-558-2329

www.stpaul.gov/northdalerec

Ice Skating Lessons Ages 3-5 #25222 Instructor: David Krueger

Fee: \$35 / Saturday, January 5 – February 2 / 4-4:30pm / Ages 3-5

Learn the fundamentals of skating including forward and backwards skating, stopping and falling safely. Helmets required for this age group. Parents please arrive at North Dale before class begins to allow time for putting on skates. It's helpful if parents to wear their boots and hold on to their little skaters. Participants must have their own skates. No class Jan 12.

Parent/Child Tot Time #25206

Fee: Free / Mon, Tues, Thurs., January 2 – March 28 / Time: 9:00-Noon / Ages: 1-5

North Dale's gym will be open for toddlers and their families to run and have fun. Miscellaneous toys will be provided, such as tumbling mats, balls, rockers, trucks and more. Child must be supervised by an adult. **Preferably NO daycare groups on Thursdays.**

Pre-School Beautiful Drawings #25097 Instructor: Young Rembrandts

Fee: \$60 / Wednesday, January 23 – February 27 / 5:30-6:15pm / Ages 3 ½ - 5

The long winter months can easily lead to boredom or restlessness. Alleviate any creative dormancy with a fun-filled Young Rembrandts class! We begin the season with a lesson that teaches our students about simple figure drawing as they create a snowman using basic geometric shapes. Winter-themed lessons like our mittens and penguin drawings will excite the imagination. Illustrations featuring a patterned giraffe and feathery owl will provide a great introduction to drawing animals. All this and more await your budding artist. Enroll your child today!

Insane Slime #25296 Instructor: Kidcreate Studio

Fee: \$25 / Monday, February 18 / 9:30-11:30pm / Ages 4-9

Sign up early for this popular class! It's silly and slimy and insanely fun. Messy Time is one of our most popular activities, and that's exactly what we'll be doing all class long! We'll get silly with silly putty, messy with muck and so much more! This is going to be a messy one, so please dress your child appropriately.

Taekwondo Jr Instructor: Master Minefee

Fee: \$50/Monthly / Monday & Wednesdays / Time: 5:30 – 6:00pm / Ages: 4 - 5

January 2-30; Activity #25181

February 4-27; Activity #25182

March 4-27; Activity #25183

April 1-29; Activity #25184

May 1-29; Activity #25185

Traditional Taekwondo! More 1-on-1 training and smaller class sizes. Class size limited to 10 students at a time. Payment must be made by first day of class before participant can begin.

Baby Ballet #25299 Instructor: Zachari Wetz

Fee: \$50 / Friday, February 22 – May 3 / 12-12:30pm / Ages 3-5

Taught by Zachari Wetz. Introduce your dancer to the world of ballet! Classes will include stretching, basic ballet steps and a fun dance to pull it all together! In studio recital on the last day of class in May. Dress code: Girls solid colored leotard, pink tights, pink leather ballet shoes, hair pulled back in a bun or pony tail. Boys solid color t-shirt tucked in, black pants or shorts, black or white socks, black leather ballet shoes.

Preliminary Ballet #25297 Instructor: Zachari Wetz

Fee: \$50 / Friday, February 22 – May 3 / 12:30 – 1pm / Ages 4-6

Taught by Zachari Wetz. Introduce your dancer to the world of ballet! Classes will include stretching, basic ballet steps and a fun dance to pull it all together! In studio recital on the last day of class in May. Dress code: Girls solid colored leotard, pink tights, pink leather ballet shoes, hair pulled back in a bun or pony tail. Boys solid color t-shirt tucked in, black pants or shorts, black or white socks, black leather ballet shoes.

Nursery Rhyme Time Art #25295 Instructor: Kidcreate Studio

Fee: \$50 / Saturday, March 2 – 9 / 9:30 – 11am / Ages 3-6

Young artists just can't wait to rhyme and paint with Kidcreate! In this camp, we'll read the beloved nursery rhymes of Mother Goose as we imagine the fantastic! Have you ever seen a mouse run up a clock, or a dish run away with a spoon? Have you ever taken your lamb to school? We'll experience these whimsical stories as we create with a variety of kid-friendly art materials.

Tumbling #25088 Instructor: Jill Bachmann

Fee: \$30 / Mondays, April 8 – May 13 / Time: 5:30-6:15pm / Ages: 3-5

The class focuses on introducing new motor skills and movements like jumps, leaps, rolls, cartwheels and other tumbling skills through lots of fun and games.

Young Rembrandts Jr. Zoo Drawing #25096 Instructor: Young Rembrandts

Fee: \$60 / Wednesday, April 10 – May 15 / 5:30-6:15pm / Ages 4-6

Kids love to draw animals! Join us as we learn to draw a variety of animals found at our local zoo. We will draw giraffes, lions, tigers, birds and more. Our final day will result in one large scene of the zoo, divided into several habitats and incorporating the many animal friends we have learned to draw. Pencils, markers, Sharpies and color pencils will be used.

Little Mess Maker's Art #25294 Instructor: Kidcreate Studio

Fee: \$50 / Saturday, April 20 – May 11 / 10 – 11am / Ages 1 ½ - 3

Your little mess maker will have a blast in this hands-on class! They will enjoy many artistic, mess-making moments as they create marvelously messy masterpieces. We plan to paint, sculpt, scribble, and giggle our way to discovering mess making at its very best. These are not projects to tackle at home. Leave the mess with us! Come ready to get messy while you play right along with your child. Children must be accompanied by a caregiver.

SPECIAL EVENTS

Girls Hockey Saint Paul Winter Classic Location: North Dale
Saturday, January 12 Time: 10am-5pm Free All Ages

Support Girls High School Hockey in Minnesota by coming and cheering on the ladies while enjoying the concessions. No pre-registration required just come and cheer. Sponsored by Friends of Como Athletics. Games played on North Dale's refrigerated rink.

10am: Mankato East VS Minneapolis 12pm: Moorhead VS Northern Lakes

2pm: Northfield VS Mahtomedi 4pm: Mankato West VS Sibley

(Concessions for purchase)





Family Skating Party & Bonfire

Location: Northwest Como

Thursday, January 24 Time: 6:30-8:30pm Fee: Free All Ages

Bring your own skates to enjoy the ice rink. We will have snow shoes and cross-country skis for people to use. Warm up around the bonfire while sipping your hot chocolate and munching on popcorn. No pre-registration required.

Breakfast With The Bunny Location: North Dale Activity #24972

Saturday, April 13 Time: 10-11:30am Fee: \$2/person or \$5/family All Ages

Enjoy a pancake breakfast, bunny will be here for pictures, games & crafts, and pick an egg out of our big egg basket. \$2 per person or \$5 for families of three or more. To register as a family, please call or visit the rec center. Children 10 & under must be accompanied by an adult. Volunteers are needed. Call North Dale to register as a volunteer 651-558-2329. Co-sponsored with the North Dale Booster Club.



Helicopter Egg Drop Location: Langford Park

Saturday, April 13 Time: 1-2pm Fee: Free All Ages

Come and see a REAL helicopter drop eggs onto Langford Park! Children will be limited to 5 eggs each, while supplies last.



*****Spring Sport Registration Sign Up Period: January 1-31 Indoor Soccer/Volleyball**

*****Summer Sport Registration Sign Up Period: March 1-31 Baseball/Softball/Lacrosse**

Discount Days: 1st Day = 25% 2nd Day = 20% 3rd ~ 4th ~ 5th Day = 10%

****VOLUNTEER BY CALLING YOUR LOCAL RECREATION CENTER****

~For programming suggestions or to be an instructor contact Darcy Rivers at

651-558-2329 or darcy.rivers@ci.stpaul.mn.us